

25 OCTOBER 2026

WORLD SPINA BIFIDA & HYDROCEPHALUS DAY

A lifetime of EXPERIENCES

From preconception to ageing

#WSBHD2026 #SBHAcrossLife



Every person with Spina Bifida and Hydrocephalus has a unique journey.

This World Spina Bifida and Hydrocephalus Day, we celebrate the experiences, resilience and contributions of persons with SBH at every stage of life, while calling for greater awareness, inclusion and lifelong support.

Help us raise awareness by:

- Sharing your story or a meaningful moment from your journey.
- Organising or joining a local awareness activity.
- Downloading and sharing the WSBHD2026 communication toolkit.
- Using the official campaign hashtags on social media.

DOWNLOAD THE WSBHD2026 TOOLKIT

Our social media toolkit is designed to equip you with all the essential information and materials needed to promote this special day.

These resources are created for you to share on your website, across social media, and within your network.

We encourage you to share this toolkit with colleagues, friends, and family to help raise awareness about living with SBH!

THANK YOU

for supporting WSBHD26.
Together, we can raise
awareness, promote
inclusion and celebrate a
lifetime of experiences.



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IF SBH INTERNATIONAL FEDERATION
FOR SPINA BIFIDA
AND HYDROCEPHALUS