



INTERNATIONAL FEDERATION  
FOR SPINA BIFIDA  
AND HYDROCEPHALUS

**8 March 2026**

**International Women's Day**

**Social Media Campaign**

**#IWD2026 #ForAllWomenAndGirls**



INTERNATIONAL FEDERATION  
FOR SPINA BIFIDA  
AND HYDROCEPHALUS

# International Women's Day

Zoom Webinar

On 6 March 2026 3-5PM CET

Register Now

<https://bit.ly/IFWomensDay2026>



# International Women's Day 2026

The International Federation for Spina Bifida and Hydrocephalus (IF) joins the global movement towards realising the rights of all women and celebrates **International Women's Day (IWD) on 8 of March 2026.**



This year's UN theme for IWD is '**Rights. Justice. Action. For ALL Women and Girls.**'

IWD 2026 targets dismantling structural barriers to achieve **equal justice** for women and girls: rights are protected, laws are enforced, and people experience equality.

This includes guaranteed education, ending child marriage, women's full participation and leadership, stronger protection against gender-based violence, non-discriminatory family, labor, and healthcare laws, bias-free, survivor-centered justice systems with zero impunity, and affordable legal aid.

# Women and girls with Spina Bifida and Hydrocephalus

**Article 6 of the UN Convention on the Rights of Persons with Disabilities (UN CRPD) recognises that women and girls with disabilities face multiple and intersecting forms of discrimination.**

The CRPD draws particular attention to the susceptibility of women and girls with disabilities to violence, injury or abuse, neglect or negligent treatment, maltreatment or exploitation.

A person living with SBH often face stigma, discrimination, and exclusion from education, employment, and social participation.

Misconceptions about their abilities cause isolation and neglect especially among girls and women facing higher risks of abuse and limited health access.



# Why is IWD important for the SBH community?

“Ensuring the **rights and well-being** of women and girls, including those with disabilities, is the only way to ensure prosperous and equitable economies (...).”

Velichka Draganova, Secretary General, World Federation of the Deafblind

“**Education** is the key for women with disabilities to succeed and contribute to society. Education facilities should be accessible, safe and **disability-friendly**.”

Su Xiao Vin, Committee member, SiBiAM Malaysia



**Women and girls with disabilities have the right to full and equal enjoyment of all human rights and fundamental freedoms**

“In crisis situations, women with disabilities are at even **higher risk** of harassment and sexual violence (...).”

Dr Aziza Elnaeema, Board member, Spina Bifida Federal Association Sudan

“Barriers to **independent living** include economic dependence, inaccessible infrastructure, discrimination in employment (...).”

Elena Ratoi, Member, European Network on Independent Living

“Governments, families, civil society and media have an important role to play in the **empowerment** of women with disabilities to be seen as equal.”

Andela Radovanovic, IF Representative, Montenegro

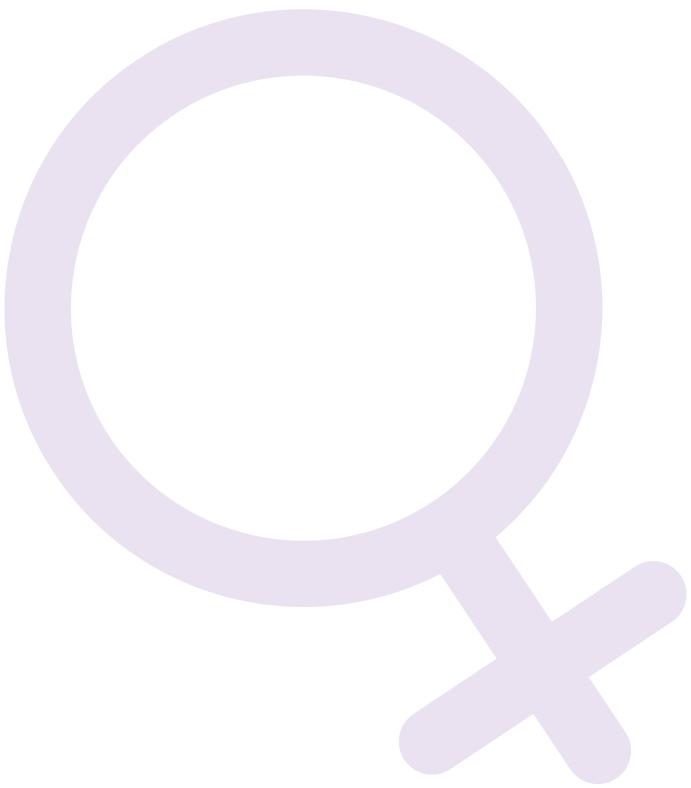
# Take Part in the International Women's Day Social Media Awareness Raising Campaign

## How can you join?

IF developed a social media toolkit for you to use our collective voice to reach more people through news, messages, and fact sheets.

Join IF together with our members and partners during this important day in raising awareness. You can actively contribute by sharing key information through your social media channels with friends, colleagues and families. Encourage them to spread awareness too!

## Together with you we can unite for an equal future!



# What does this toolkit contain?

Within this toolkit, you will find links, hashtags and infographics to download, and suggested messages to share throughout International Women's Day (#IWD2026) taking place on 8 March 2026.

Every share is an opportunity to make a real difference!

Each one of us can make a difference, together we can make change!

Join IF, its members and partners on this important day. This is an opportunity to raise awareness worldwide and you can actively contribute by:

- Taking part in IF webinar - Register here
- Sharing this toolkit with colleagues, partners and friends to show your support
- Sharing the social media posts from the IF social media channels
- Joining IF's social media channels, comment on our posts and tag us when you do
- Using the suggested hashtags in your posts
- Sharing your wishes with us through the IF IWD banner
- Using the IWD and IF infographics and share the links to our other online resources listed in this toolkit

# SOCIAL MEDIA CHANNELS

In order to engage with us for the International Women's Day campaign, follow our social media channels. IF will publish messages through our different channels.



## Websites to consult:

[www.internationalwomensday.com](http://www.internationalwomensday.com)  
[www.unwomen.org](http://www.unwomen.org)

## Hashtags:

#IWD #IWD2026  
#SBHWomen  
#ForAllWomenAndGirls

### Follow IF:



@ifsbh



@international-federation-for-spina-bifida-and-hydrocephalus



@ifsbh.bsky.social



@ifsbh

### Follow the IWD:



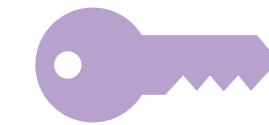
@Internationalwomensday @unwomen



@internationalwomensday @un-women



@internationalwomensday\_global  
@unwomen



# Key messages

Feel free to adapt, use and share the example messages below and spread the word on #IWD and do not forget to tag IF through @ifsbh

- **Women and girls with disabilities have the right to full and equal enjoyment of all human rights and fundamental freedoms. #IWD2026 #SBHWomen**
- **Article 6 of the UN Convention on the Rights of Persons with Disabilities (UN CRPD) recognises that women and girls with disabilities face multiple and intersecting forms of discrimination. #IWD2026 #SBHWomen #UNCRPD**
- **We should continue joining forces to ensure that the rights of women and girls with disabilities are respected and that they have the tools to achieve any goal in life, equal to anyone else! #IWD2026 #SBHWomen**
- **Women and girls with disabilities are effective and powerful leaders and change-makers #IWD2026 @UN\_Women**
- **The issues of climate change and sustainability have and will continue to have a severe and lasting impact on the safety and prosperity of women and girls with disabilities. #IWD2026 @UN\_Women**

# Create your #IWD frame!

IF has created a frame which you can personalise to promote awareness raising and to express your wishes for Women with disabilities, especially with Spina Bifida and Hydrocephalus on the occasion of the International Women's Day.



**1. Download  
the frame here**

**2. Insert your picture or  
message here**

**3. Share it on your social  
media with the hashtags  
#IWD2026 #SBHwomen**

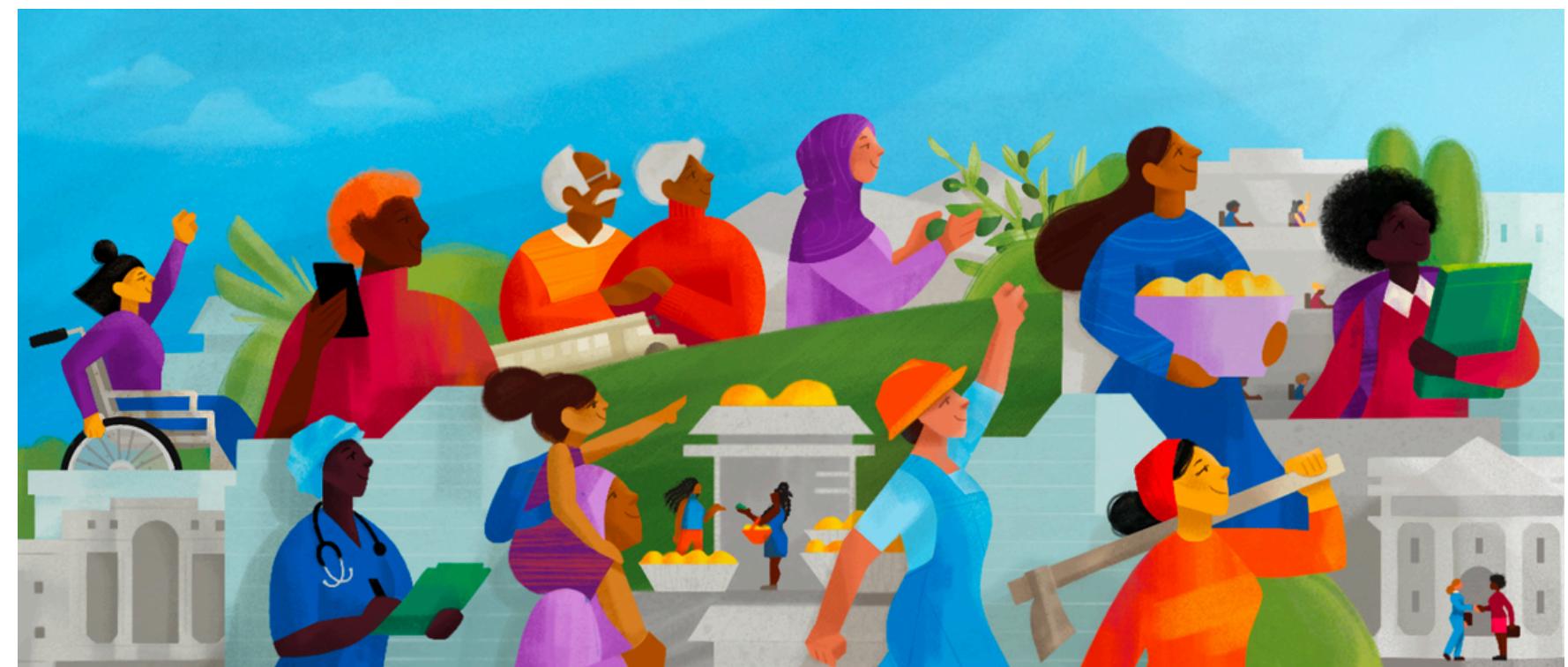
# Get ready for the 70th session of the Commission on the Status of Women

The 70th session of the Commission on the Status of Women will take place at United Nations Headquarters in New York from 9 to 19 March 2026. Representatives of Member States, UN entities, and ECOSOC-accredited non-governmental organizations (NGOs) from all regions of the world are invited to attend the session.

## Themes

Priority theme: Ensuring and strengthening access to justice for all women and girls, including by promoting inclusive and equitable legal systems, eliminating discriminatory laws, policies, and practices, and addressing structural barriers

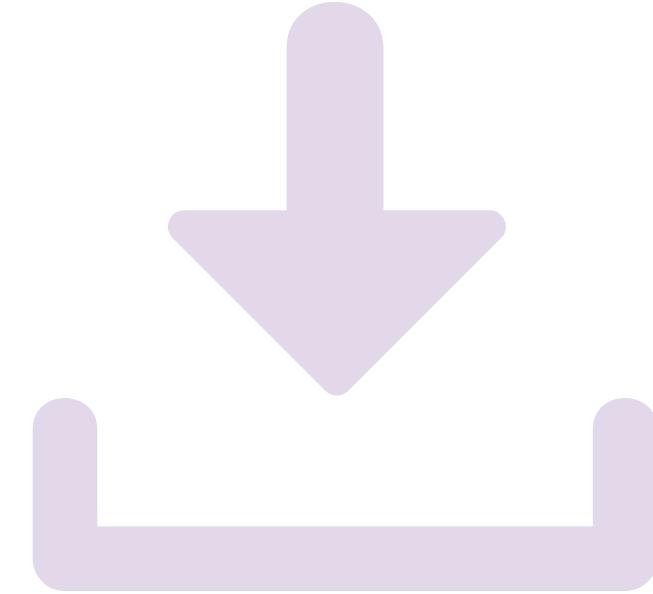
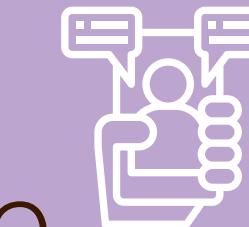
Review theme: Women's full and effective participation and decision making in public life, as well as the elimination of violence, for achieving gender equality and the empowerment of all women and girls (agreed conclusions of the sixty-fifth session)



For more information, please visit the UN website page [here](#).

# Materials to download and share

- [IWD Save the Date banner](#)
- [IF IWD Poster](#)
- [IF IWD Quote Frame](#)



# Resources to download and use

- IFGPI Folic Acid Leaflet in [EN](#), [FR](#), [NL](#), [SP](#), [IT](#), [TR](#)
- [Maternal Health | Folic Acid video](#)
- [IF work on Prevention](#)
- [WHA76.19 Resolution on Mandatory Food Fortification with Folic Acid](#)
- [IF Report on Equality, Motherhood, and Sexuality.](#)
- [IWD 2024 Webinar on women and disabilities in conflict & crisis](#)
- [IWD 2025 Webinar 'Accelerate Action!'](#)
- [Global Disability Summit Commitments](#)
- [International Women's Day official website](#)
- [UN Women Website](#)



**THANK YOU ALL FOR SUPPORTING THE INTERNATIONAL WOMEN'S  
DAY, AND FOR CONTINUING TO SHARE IMPORTANT MESSAGES  
ABOUT WOMEN WITH DISABILITIES, ESPECIALLY WITH  
SPINA BIFIDA AND HYDROCEPHALUS.**

**Your participation is key to support IF in raising awareness!**

For further information please contact IF at:  
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📞 +32 (0) 471 84 41 54



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