

March 8th 2024

International Women's Day

Social Media Campaign

International Women's Day 2024

The International Federation for Spina Bifida and Hydrocephalus (IF) joins the global movement towards realising the rights of all women and celebrates the International Women's Day (IWD) on the 8th of March 2024



This year's theme for the International Women's Day is "Invest in women: Accelerate progress".

The theme recognises that in the pursuit of prosperous economies and a healthier planet, achieving gender equality and prioritising women's well-being is now more critical than ever. Together, we can invest in women, accelerate progress, and pave the way for a more equitable and sustainable world.



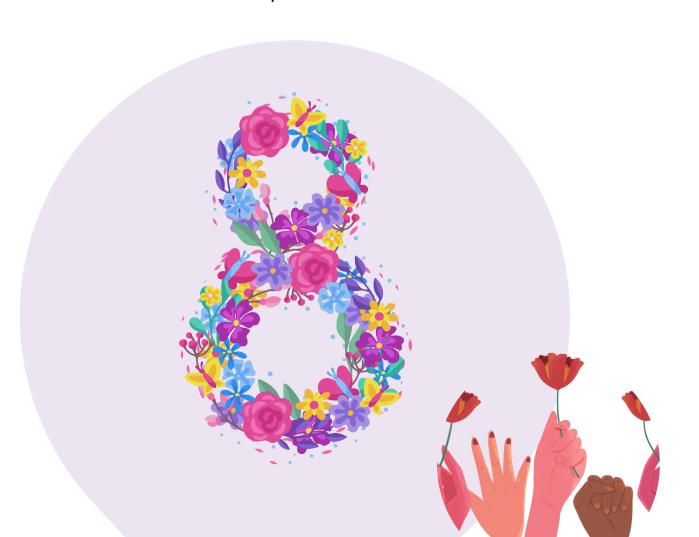


Article 6 of the UN Convention on the Rights of Persons with Disabilities (UN CRPD) recognises that women and girls with disabilities face multiple and intersecting forms of discrimination.

The CRPD draws particular attention to the susceptibility of women and girls with disabilities to violence, injury or abuse, neglect or negligent treatment, maltreatment or exploitation.

On the important day of the International Women's Day it should be stressed that women with disabilities experience double disadvantages, those associated with gender as well as disability.

All women should have access to the highest standard of education, as well as accurate and truthful information about their rights.



Take Part in the International Women's Day Social Media Awareness Raising Campaign

How can you join?

IF developed a social media toolkit for you to use our collective voice to reach more people through news, messages, and fact sheets.

Join IF together with our members and partners during this important day in raising awareness. You can actively contribute by sharing key information through your social media channels with friends, colleagues and families. Encourage them to spread awareness too!



Together with you we can unite for an equal future!

What does this toolkit contain?

Within this toolkit, you will find links, hashtags and infographics to download, and suggested messages to share throughout International Women's Day (#IWD2024) taking place on March 8 2024.

Every share is an opportunity to make a real difference!

"Each one of us can make a difference, together we can make change!"

Join IF, its members and partners on this important day. This is an opportunity to raise awareness worldwide and you can actively contribute by:

- Sharing this toolkit with colleagues, partners and friends to show your support
- Sharing the social media posts from the IF social media channels
- Joining IF's social media channels, comment on our posts and tag us when you do
- Using the suggested #'s in your posts
- Sharing your wishes with us through the IF IWD banner
- Using the IWD and IF infographics and share the links to our other online resources listed in this toolkit

SOCIAL MEDIA CHANNELS

In order to engage with us for the International Women's Day campaign, follow our social media channels. IF will publish messages through our different channels.





Websites to consult:

https://www.internationalwomensday.com/

https://www.unwomen.org/

https://forum.generationequality.org/

https://www.ifglobal.org/our-work/maternal-health-

and-prevention/

Hashtags: #IWD #IWD2024 #SBHWomen #InvestInWomen

Follow IF:



@ifsbh



@ifsbh



@international-federation-forspina-bifida-and-hydrocephalus



@ifsbh

Follow the IWD:



@Internationalwomensday @unwomen



@internationalwomensday @un-women



@womensday @UN_Women



@internationalwomensday_global @unwomen

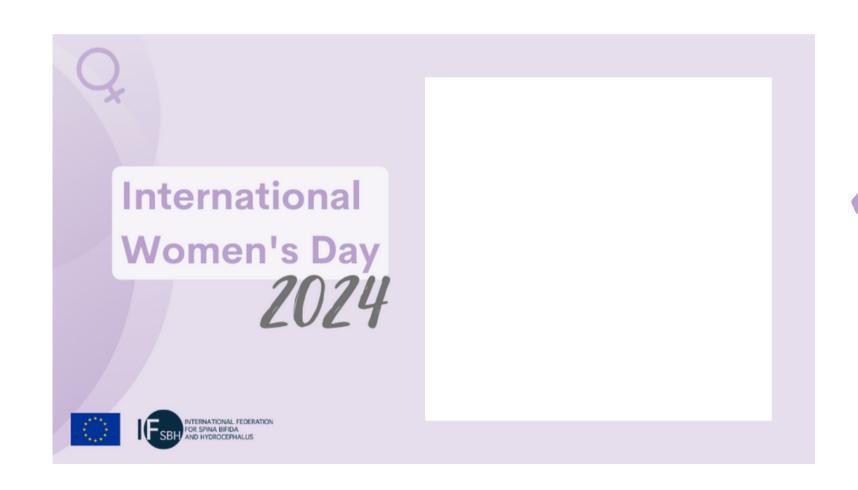


Feel free to adapt, use and share the example messages below and spread the word on #WBDD and do not forget to tag IF through @ifsbh

- Women with disabilities have the right to the highest standard of education, as well as accurate and truthful information about their rights. #IWD2024 #SBHWomen #GenerationEquality
- Article 6 of the UN Convention on the Rights of Persons with Disabilities (UN CRPD) recognises that women and girls with disabilities face multiple and intersecting forms of discrimination. #IWD2024 #SBHWomen #UNCRPD
- We should continue joining forces to ensure that the rights of women and girls with disabilities are respected and that they have the tools to achieve any goal in life, equal to anyone else! #IWD2024 #SBHWomen #GenerationEquality
- Women and girls with disabilities are effective and powerful leaders and change-makers #IWD2024 @UN_Women
- The issues of climate change and sustainability have and will continue to have a severe and lasting impact on the safety and prosperity of women and girls with disabilities. #IWD2024 @UN_Women

Create your #IWD frame!

IF has created a frame which you can personalise to promote awareness raising and to express your wishes for Women with disabilities, especially with Spina Bifida and Hydrocephalus on the occasion of the International Women's Day.



1. Download the frame here

2. Insert your picture or message here

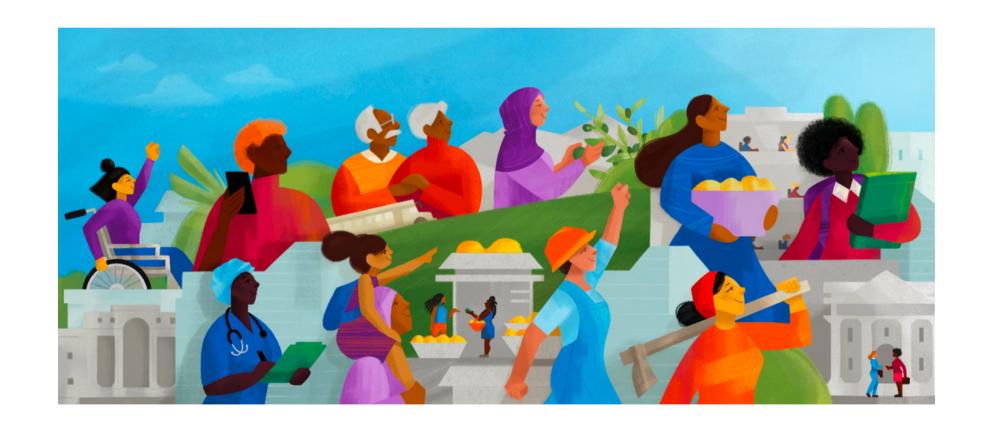
3. Share it on your social media with the hastags #IWD2024 #SBHWomen

Get ready for the 66th session of the Commission on the Status of Women

The sixty-eight session of the Commission on the Status of Women will take place from 11 to 22 March 2024. Representatives of Member States, UN entities, and ECOSOC-accredited non-governmental organizations (NGOs) from all regions of the world are invited to contribute to the session.

Themes

- **Priority theme:** Accelerating the achievement of gender equality and the empowerment of all women and girls by addressing poverty and strengthening institutions and financing with a gender perspective;
- **Review theme:** Social protection systems, access to public services and sustainable infrastructure for gender equality and the empowerment of women and girls (<u>agreed conclusions</u> of the sixty-third session)



For more information, please visit the UN website page <u>here</u>.

Materials to download and share





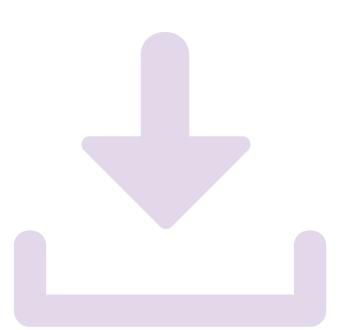
- IF IWD Save the Date

-IF IWD Banner

- IF IWD Poster

- IF IWD Frame





Resources to download and use

- IF Maternal Health and Prevention
- IFGPI Folic Acid Leaflet in EN, FR, NL, SP, IT, TR
- Reproductive health care for women with Spina Bifida
- IF survey on pregnancy outcomes in women with Spina Bifida
- <u>IF work on Prevention</u>
- WHA76.19 Resolution on Mandatory Food Fortification with Folic Acid
- International Women's Day
- <u>UN Women</u>
- Generation for Equality Forum



THANK YOU ALL FOR SUPPORTING THE INTERNATIONAL WOMEN'S DAY, AND FOR CONTINUING TO SHARE IMPORTANT MESSAGES ABOUT WOMEN WITH DISABILITIES, ESPECIALLY WITH SPINA BIFIDA AND HYDROCEPHALUS.

Your participation is key to support IF in raising awareness.

JOIN US AGAIN IN 2025!

For further information please contact IF at:

<u> info@ifglobal.org</u>

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