



INTERNATIONAL
FEDERATION
for
SPINA BIFIDA
and
HYDROCEPHALUS

CLEANING and STORING CATHETERS, CONES and SYRINGES

Guidelines for nurses

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1) *Cleaning and storing the catheter and syringe*

- Wash the outside of the catheter with water
- Rinse catheter 3 times with water and blow air through to remove excess water
- Shake the catheter as dry as possible, leave it to dry in the sun when possible and store between a clean piece of cloth. Iron the cloth beforehand
- Syringe: wash with water and use air to remove excess water. Store disconnected parts
- Catheters should be replaced every 3 months



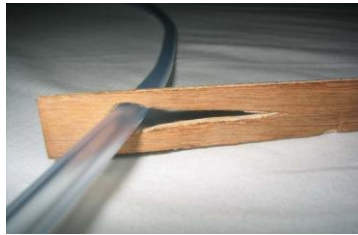
2) *Bowel washout set: cone + bag + tube*

Good maintenance of the washout set prolongs the life span of the material and avoids infections.

➤ A bowel washout set consists of:



Cone



Tube with clip



Complete set with reservoir

1. Cleaning after each use:

- Clean all parts of the set after each use: wash with water and soap and rinse several times with water
- Let all parts dry completely

2. Periodical cleaning:

- To avoid fungus, it is advised to clean the sets more thoroughly every month
- Use a solution of water with bleach/chlorine
- Rinse with clean water and let dry completely