

## CATHETERS

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This is a schedule with an indication on the use of different sizes of catheters.  
Please read this as a guideline, as factors like constitution of the child and the amount of infections can influence this.

When the child has many infections, we recommend using larger sizes (CH).

For small children (small constitution), we recommend keeping the same size (CH) longer.

<b>BOYS</b>	
< 1 year	Short catheter CH 8
1 - 8 years	Short catheters CH 10 Most boys can use the short catheters for 4 to 5 years. When the short catheter is not long enough to reach the bladder, start using the long ones
8 - 12 years	Long catheter CH 12
> 12 years	Long catheter CH 14

<b>GIRLS</b>	
< 1 year	Short catheter CH 8
1 - 8 years	Short catheter CH 10
8 - 12 years	Short catheter CH 12
> 12 years	Short catheter CH 14

## CONES

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To complete the wash-out set, local solutions are available to be used as water reservoir, tube and clip.

In the IF bowel management booklet, it is explained how local materials are being use.

< 2 years	Peri-anal stimulation and digital extraction of stool
> 2 years	Bowel washout set: cone, water reservoir, tube & clip

## OXYBUTYNIN

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Preparation of solution: 2 capsules of 250mg Oxybutynin to be dissolved in 500 ml physiological fluid.

- 1 solution is enough for approx. 6 weeks
- 1 child will need approx. 8 solutions per year